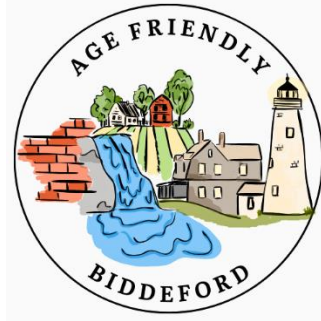




The Age Friendly Biddeford (AFB) Transportation Program, which provides rides to medical appointments for Biddeford residents who are 60 and older, has been in service since December 2023 has grown tremendously since then.

Since its inception, the AFB transportation program has provided more than 740 rides. The eight volunteer drivers have collectively contributed 1,368 hours of their time and have driven 13,399 miles. The monetary value of the time contributed by the volunteer drivers is \$46,057.79.

Age Friendly Biddeford recently surveyed some of the more than 127 participants in the program and the response was overwhelmingly positive.

"I am very grateful for this program. It was difficult to get to all my doctors' appointments before...now I don't worry. This is a blessing and a huge relief to me. Staff is wonderful. So grateful!" said LC, a woman who has been riding with the program since January 2024,

"I have used the service several times and even recommended it to my neighbor - who now uses it. All of the drivers have been wonderful...I will continue to use Age Friendly Biddeford. This program was so needed by so many." Wrote GN, a rider since December 2023.

Being a volunteer driver in AFB Transportation program is not just about providing a ride. Drivers develop caring relationships with their riders and are a source of emotional support and companionship. As LS, one of the regular riders put it: "Let me just say this: they are courteous, respectful, and down right kind!"

The Age Friendly Biddeford organization is thrilled with the success of its medical transportation program and is working to start other services to support the needs of the older population of Biddeford. To continue to offer a robust transportation program and to grow its other fledgling programs they need dedicated volunteers to help in a variety of capacities.

For more information about volunteering contact Mona Grandbois at 207-391-9512 or email transportation.afb@gmail.com